



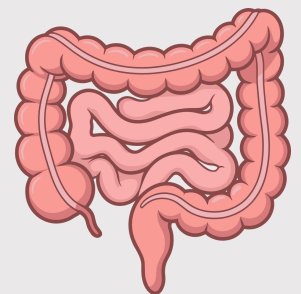
Information for PROSPECT UK

Healthspan Connect Programme of Research – Substudy 1

Thank you for your interest in our new project called the PROSPECT-UK. You are eligible because you are willing to complete health and diet questionnaires.

What is the purpose of this study?

- Early-onset colorectal (bowel) cancer is increasingly affecting younger populations.
- In this study, we want to look at how diet and lifestyle might affect the risk of developing EOCRC.
- We want to use this information to try to identify ways that we can prevent EOCRC.



What will happen if I decide to take part?

- You will complete online surveys up to twice a year about your diet, lifestyle, and health.
- You may be asked to complete digital food diaries.
- We will ask for permission to link your NHS health records (e.g. for diagnoses, treatments).
- Relevant to you only if you have previously participated in ZOE research (the ZOE Health Study and/or PREDICT studies): If, when you signed up to Healthspan Connect, you gave your consent for ZOE to share the personal data they hold about you, we will be able to use this ZOE data for this project.



We may share this data with Trento University, as part of the global PROSPECT project

What are the advantages of taking part?

- You will help us understand and prevent early bowel cancer.
- Your involvement will contribute towards the advancement of health research.
- You will be part of a big online community where we will share interesting insights into the research and will organise optional online talks and events to keep you updated on our progress.

What are the disadvantages of taking part?

- Filling in the survey will take about 30-40 minutes each year.

Will I receive test results?

- You will not receive any health results from this study as it won't have any clinical meaning for you, and it won't mean anything to your GP.
- You will however be kept informed on the outcome of the study overall through our newsletters and other media.

Thank you for taking the time to read this information sheet. Please let us know if you have further questions.